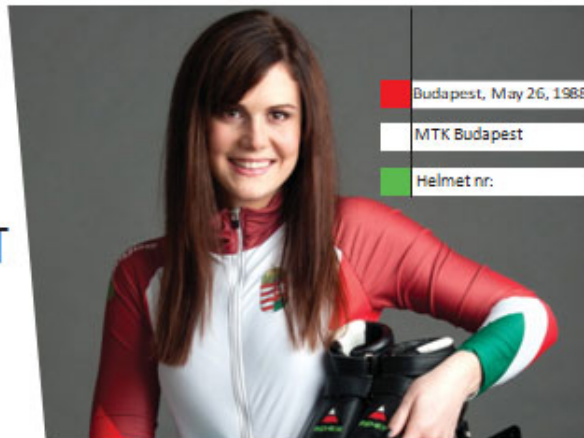


HEIDUM BERNADETT



Best results

500m	44.140	Montreal, March 15, 2014
1000m	1:30.163	Calgary, Oct 9, 2012
1500m	2:20.049	Calgary, Oct 20, 2012
3000m	5:13.041	Budapest, Dec. 30, 2011

What does short track mean to you?
"Without short track I wouldn't be able to tell who I actually am."

World Championships

2013 - Debrecen 1000m	6.
2012 - Shanghai 500m	6.
2014 - Montreal 1000m	6.
2015 - Moscow 1000m	10.
2015 - Moscow 3000m	5.
2017 - Rotterdam 3000m	2.

European Championships

2011 - Heerenveen Overall	2. / 500m: 3. / 1000m: 2. / 3000m: 2.
2009 - Torino	1000m: 3. / 3000m Relay: 1.
2012 - Mladá Boleslav	1000m: 2. / 3000m: 3.
2014 - Dresden	1500m: 2. / 3000m: 3.
2015 - Dordrecht	3000m: 3.

Universiade

2011 - Erzurum	3000m: 3.
2013 - Trentino	1500m: 2. / 3000m: 3.

2010	5. (3000m relay), 9. (1000m), 23. (1500m)
2014	6. (3000m), 2014. (1500m) 9.

She was injured that season

Olympics

World Rankings 2016/17



BERNI

Idol:

Evgenia Radanova, several time Olympic medallist, and at the same time a very nice person, just the way Elise Christie is.

Favourite drink: squeezed orange juice, lemonade, rose wine spritzer
Favourite food: stuffed paprika

Mascot/ superstition: Grandpa
Favourite colour: black, green

Favourite animal: dog, I don't have one yet, but I will definitely and call her Bogyó

Hobby: that's what we don't have time for, but if I had, I would go dancing with my friend, Stefi

Favourite music: everything you can dance to, so every type of music but the yelling rock
Favourite band: Punnany Massif, Halott Pénz, Wellhello

Proud of: European Championship overall title, World Championship relay silver medal, 1500m B final at the Olympics

Did you know? She was six when she first went to the ice rink with her grandpa. She was taken notice of and learnt the basics. When she was a junior she used to do track cycling during summers, and earned the National Championship title several times.